

## A SHORT LIST OF RESOURCES

### SMARTPHONE APPS

Nap App: Pzizz (see [www.pzzizz.com](http://www.pzzizz.com) for more info)

Meditation Training App: Headspace (see [www.headspace.com](http://www.headspace.com) for more info)

### ONLINE

Cynefin Framework: "A Leader's Framework for Decision Making" by David J. Snowden and Mary E. Boone. <https://hbr.org/2007/11/a-leaders-framework-for-decision-making>

Refining Mission: Simon Sinek, "How Great Leaders Inspire Action" (TED Talk) on YouTube: <https://www.youtube.com/watch?v=sioZd3AxmnE> (see [www.startwithwhy.com](http://www.startwithwhy.com) for more)

Schein's Four Stages by way of Ari Weinswieg, "Evolution of Organizational Culture and Leadership": <http://www.zingtrain.com/node/133> and Business Visioning: <http://www.zingtrain.com/business-visioning>

Morning Pages: <http://juliacameronlive.com/basic-tools/morning-pages/>

### BOOKS

*The Artists Way*, Julie Cameron

*If You Want to Write: A Book About Art, Independence, and Spirit*, Brenda Euland

*The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing*, Marie Kondo

*Quiet: The Power of Introverts in a World That Can't Stop Talking*, Susan Cain

*Zingerman's Guide to Good Leading*, Ari Weinzweig (NB: available at [www.zingermans.com](http://www.zingermans.com))

*Part 1: A Lapsed Anarchist's Approach to Building a Great Business*

*Part 2: A Lapsed Anarchist's Approach to Being a Batter Leader*

*Part 3: A Lapsed Anarchist's Approach to Managing Ourselves*

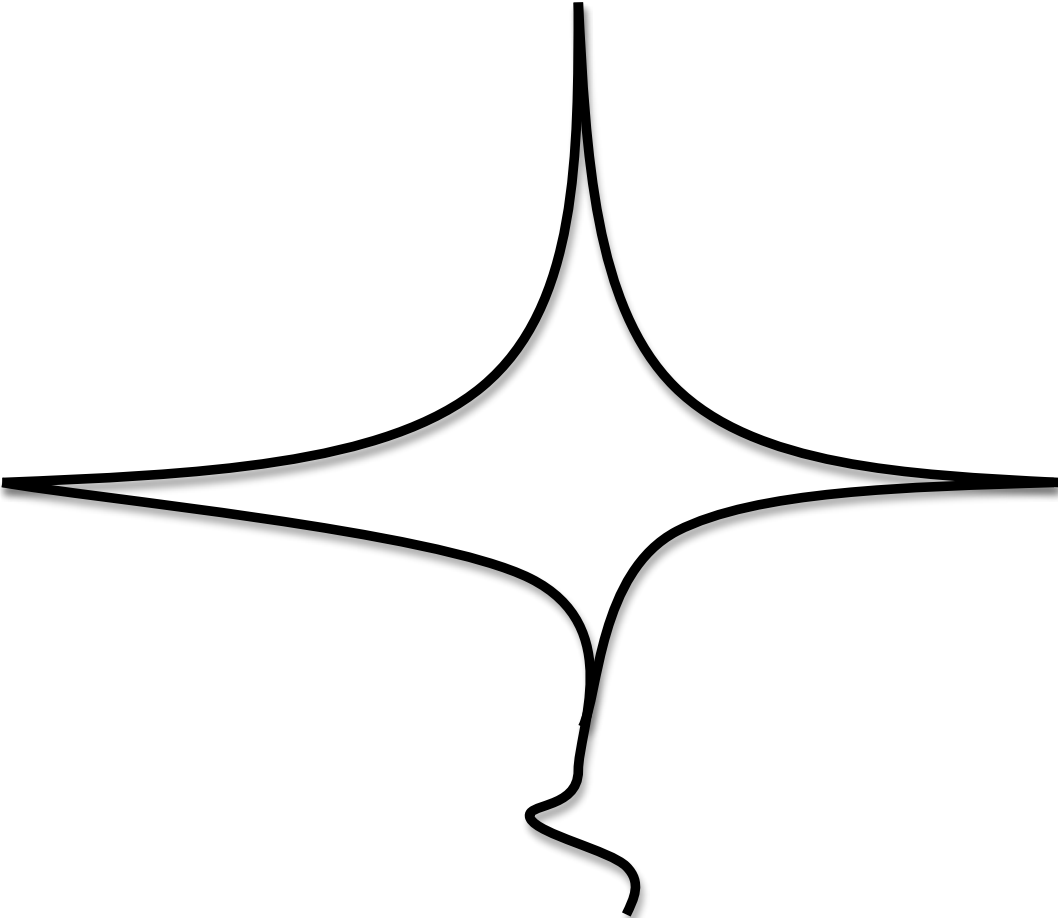
*Governance as Leadership: Reframing the Work of Nonprofit Boards*, Richard Chait, William Ryan, Barbara Taylor

*Managing the Nonprofit Organization*, Peter Drucker

*Change by Design: How Design Thinking Transforms Organizations and Inspires Innovation*, Tim Brown

**Managing Ourselves: Tips and Frameworks — Jeffrey Lependorf, Executive Director /  
Community of Literary Magazines and Presses & Small Press Distribution**

**CYNEFIN FRAMEWORK**



**FOUR STAGES**

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